

September Community Newsletter

Tips for Living, Laughing, & Loving Your Apartment Life

APARTMENT LIVING TIP

Tips To Make Your Apartment Feel Like Fall

Add Throws- Fall is all about cooler weather so consider adding some blankets to usher in the chillier temps that are on their way. Buy a chic ladder to hang your blankets on.

Put Baskets and Pine Cones in the Kitchen- Place a wooden basket filled with real or fake fall vegetables such as pumpkins, squash and zucchini on your kitchen counter. Have a jar filled with cinnamon spiced teas for a fall scent. You could add a bowl of pine cones, too!

Add Pumpkins to Your Patio Nothing says fall quite like pumpkins. And don't think they have to seem like a kid's Halloween party favor. It will last you several months and is a simple exterior or interior decoration for the season.

Stay Organized!

Back to School Tips

Tips to make the new school year the best year yet!

Divide your study time into blocks separated by quick breaks. It is most effective to study in 30-45-minute blocks of time, allowing yourself quick 3-5 minute breaks in between studying. It gives you time to focus while also allowing time to relax and re energize. Be careful though-you need to make sure that your quick breaks don't turn into longer procrastination breaks!

Keep all of your books, notebooks, binders, and folders for each class together on a shelf. Then when you need to grab your math materials for school, they are all in one place

Reward yourself! Positive reinforcement is an amazing thing. When you have completed tasks, reward yourself in small ways. This can be anything from allowing yourself to take a 10 minute break to treating yourself to a movie. This will help to avoid procrastinating!

Use a planner to keep track of your assignments, deadlines, and appointments. By having all this information in one place, you'll know exactly where to look to find out what you need to do!

SEASONAL RECIPE

Apple Chips

It's apple season! Try these crispy, yummy apple chips that'll disappear as fast as you can make them. Healthy and kid-friendly, too!

- 2 to 3 apples
- Ground cinnamon
- Sugar

Preheat oven to 220 F. Line baking sheets with parchment paper. Cut apples in thin slices and spread in single layer on sheets. Sprinkle with cinnamon and sugar and place in the oven. Bake for two hours flipping them over halfway through baking. Turn off oven and let cool off inside the oven. This will help give them a crunchier texture. Store at room temperature for up to one week.

September birth month flowers are the Aster and Morning Glory.



Live for the apartment buzz!

Seasonal Fun

Fun Fall Activities

Autumn flies by in a flash. Take advantage of the crisp weather and beautiful leaves with this list of fun things to do.

- Go apple picking
- Get lost in a corn maze
- Go for a hayride
- Tailgate at your local football game
- Bake an apple or pumpkin pie
- Buy winter squash and brussel sprouts at a farmers' market
- Drink hot spiced cider
- Carve your own pumpkin
- Make your kid's (or your own) Halloween costume
- Get spooked in a haunted house
- Re-watch your favorite scary movie on Halloween
- Give out candy to trick o' treaters
- Host a potluck Thanksgiving dinner

Local 5K

John Glenn International Runway 5K Run & Walk

Few people ever get the opportunity to step foot on a runway, let alone race on one. This fun, unique experience will allow racers access to CMH 10L-28R, the north runway. The south runway will remain open so planes can be seen taking off, landing and/or taxiing. Take advantage of this cool opportunity!

To honor John Glenn who was an aviator and veteran, proceeds will be donated to Honor Flight Columbus, a nonprofit organization that provides senior veterans with a day in the nation's capital to visit the memorials built in their honor.

Join the race Saturday, September 21st, 2019 at 7:30am.

Parkway Village Calendar - September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Rent Due	2 Labor Day. Office Closed	3	4	5	6 Columbus Oktoberfest @ Ohio Expo Center	7 OSU vs Cincinnati @ Home
8	9	10	11	12	13	14 OSU vs Indiana @ Indiana
15	16	17	18	19	20	21 OSU vs Miami @ Home
22	23 First Day of Fall	24	25	26	27	28 OSU vs Nebraska @ Nebraska
29	30					